

Ebtin^{Tablets/ Syrup}

(Ebastine BP)

ایبٹن
گولیاں / شربت
(ایبستین)

COMPOSITION:

Tablets:

Each film coated tablet contains:
Ebastine BP ... 10mg & 20mg
NQ's Specs.

COMPOSITION:

Syrup:

Each 5ml contains:
Ebastine BP ... 5mg
NQ's Specs.

DESCRIPTION: Ebastine, the active ingredient of **Ebtin**, produces a strong and prolonged selective blocking of the peripheral H₁ receptor for histamine. The duration of its action allows **Ebtin** to be administered once daily. The drug is free from any anticholinergic activity. Since it has no access to central H₁ receptors for histamine, it does not show sedative effects. It does not potentiate the effects of alcohol.

INDICATIONS: Symptomatic treatment of allergic conditions, such as: allergic rhinitis or conjunctivitis, both seasonal and perennial (nasal discharge, nasal itching, eyeitching, weeping, sneezing, etc.) chronic urticaria, allergic dermatitis.

CONTRA-INDICATIONS: Known hypersensitivity to the active ingredient.

DOSAGE AND ADMINISTRATION:

Adults and children older than 12 years: **Ebtin** 10mg tablet or 10ml (2 teaspoonfuls) **Ebtin** Syrup once daily. In severe symptoms **Ebtin** 20mg tablet or 20ml **Ebtin** Syrup (4 teaspoonfuls) once daily.

Children from 6 to 11 years old: One 5ml dose (equivalent to Ebastine 5mg) once daily.

Children from 2 to 5 years old: One 2.5ml dose (equivalent to Ebastine 2.5mg) once daily. There is no need for dose adjustment in patients with mild to moderate liver function disorders.

ADMINISTRATION: **Ebtin** syrup can be administered directly or mixed with water.

PRECAUTIONS: Since Ebastine reaches its therapeutic effect 1 to 3 hours after administration, it must not be used in urgent acute allergic cases.

INTERACTIONS: Ebastine can interfere with the results of dermal allergic tests and therefore, it is recommended not to perform these tests until 5-7 days after treatment discontinuation. It could strengthen the effects of other anti-histaminic agents.

WARNINGS:

Pregnancy and lactation: Ebastine should be used during pregnancy only if clearly needed. It is not known, whether Ebastine is excreted in human milk, therefore, Ebastine should not be used during lactation.

USE IN CHILDREN: This drug must not be administered to children under 2 years old, since safety has not been established in this age group.

EFFECTS ON ABILITY TO DRIVE AND USE MACHINES: In man, psychomotor function has been investigated extensively and no effect was found at recommended therapeutic dose. A study focused on car driving ability indicated that Ebastine did not induce any driving impairment even at 30mg. Based on these results, Ebastine at recommended therapeutic doses does not affect the ability to drive and operate machine.

OVERDOSE: Single doses of 50 to 90mg (5 to 9 times the recommended therapeutic dose) have been well tolerated and do not affect vital constants. Up to date, no case has been reported on Ebastine intoxication. If there is any sign of intoxication, proceed to gastric washing and administration of the appropriate symptomatic maintenance treatment.

UNDESIRABLE EFFECTS: Rare: Headache, asthenia, nervous excitement, gastric intolerance, diarrhea and constipation. If you notice any side effects not mentioned in this leaflet, please inform your doctor.

SHELF LIFE: Do not use this drug after the expiry date given on the package.

INSTRUCTIONS: Store below 30°C. Protect from heat, light and moisture. Keep out of the reach of children.

PRESENTATION:

Ebtin 10mg tablets are available in blister pack of 10'sx1.

Ebtin 20mg tablets are available in blister pack of 10'sx1.

Ebtin 5mg/5ml syrup is available in packs of 30ml and 60ml.

ہدایات: ۳۰ ڈگری سینٹی گریڈ سے کم درجہ حرارت پر رکھیں۔ گرمی، روشنی اور نمی سے بچائیں۔ بچوں کی پہنچ سے دور رکھیں۔



Manufactured by:
NABIQASIM INDUSTRIES (PVT) LTD.
17/24, Korangi Industrial Area,
Karachi-Pakistan.

Rev: 04-19/2